

## **VR and Interactive Digital Tools in Healthcare. Professional Meetup at MOME | 9 December**

On 9 December, we hosted a professional meetup at MOME titled “**VR and interactive digital tools in healthcare and psychological practice.**” The event brought together researchers and practitioners to exchange insights on the use of VR in clinical and therapeutic contexts, discuss implementation challenges, and map future directions and opportunities in the field.

The programme opened with presentations featuring Hungarian case studies, projects, and ongoing research. Researchers from the **Institute of Psychology at the University of Pécs** shared their work on VR-based approaches to phobia and anxiety reduction. **Balázs Tarján** (BrainVisionCenter) presented the use of VR systems supporting brain research, while **Ilona Zsófia Székely** (Bethesda Children’s Hospital and Clinic) introduced applications of virtual reality in physiotherapy and pain management.

We also welcomed **Beáta Réka Vásárhelyi**, clinical psychologist, who spoke about introducing VR into clinical practice at the **Semmelweis University Rehabilitation Clinic**, and **Konrad Mihai** from Bucharest, who presented creative approaches to connecting real and virtual environments. MOME Future Care Lab researchers also shared a brief update on the current status of the Zenctuary project.

The talks were followed by a shared discussion supported by thematic cards prepared for the occasion. Participants reflected on the practical barriers to adoption, the calming and therapeutic potential of VR experiences, user interface considerations, and new possibilities for clinical application.

The first event in this meetup series welcomed more than 25 participants - **to be continued.**